Verb-particle constructions like (1-2) below form a subclass of VPCs in which the meaning of the verb entails the result state conveyed by the particle.

1) He sent the letters off.
2) She picked out a card.

This previously unanalyzed subclass of redundant VPCs appears to require a licensing mechanism beyond that available through focus, implicature or informativity alone. I'll sketch a possible solution rooted in conversational relevance as defined by van Rooy (2001) in game-theoretic terms of utility and speakers’ strategy in asserting common ground.