

Glottalization at the margins: phonology and phonetics of Zongozotla Totonac glottal stops and glottalized vowels

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Abstract

Glottal stops and glottalized ('laryngealized') vowels in Totonac and Tepehua languages are crucial for historical reconstructions (MacKay and Trechsel, 2018; Beck, 2023), but their phonological and phonetic properties usually pose analytic problems for synchronic descriptions (McFarland, 2009). In this paper, we provide an in-depth phonological and phonetic analyses of glottal stops and glottalized vowels in the variety of Totonac spoken in Zongozotla, Puebla State, Mexico. We argue that glottal stops and glottalized vowels are marginal in the language: glottal stops only appear phrase-finally, and the vocalic phonation contrast has a low functional load in addition to being phonetically weak. And though glottal stops and glottalized vowels are in complementary distribution, we argue that they should be treated as distinctive sounds in the language. We provide a diachronic explanation for many of the attested patterns, and argue that a constraint against phrase-final voicing has played, and continues to play, an important phonological role in Zongozotla Totonac and across other varieties. Overall, our paper provides a detailed, unified, analysis of glottal stops and glottalized vowels in Totonac, as well as evidence for the role of postlexical structure in creating 'intermediate phonological relationships' (Hall, 2013) at the lexical level.

Keywords: Laryngealization, Glottalization, Phonation, Sound change, Marginal phonemes, Totonac

1 Introduction

Contrast and allophony are at the core of phonological analysis, yet the relationship between pairs of sounds can sometimes be difficult to ascertain. Hall (2013) provides an overview of ‘intermediate relationships’ that lead to many types of contrasts being described as ‘marginal.’ She highlights how contrasts may be marginal and ambiguously contrastive in a language for a variety of reasons. For example, the mid-vowel /e~ɛ/ and /o~ɔ/ contrasts of Standard Italian can be considered marginal because there are few minimal pairs, and because they are lexically variable and may to some degree be phonologically conditioned to some degree (Renwick and Ladd, 2016). And in Zongozotla Totonac, the language we analyze here, [e] and [o] generally only occur predictably, as allophones of /i/ and /u/ adjacent to uvular /q/ or (more variably) glottal /h/ and /ʔ/. But [e] and [o] can also appear unpredictably, for example in loanwords like the frequent /pero/ ‘but’ (< Spanish *pero*). We therefore need to posit /e/ and /o/ as contrastive sounds in the language, even if their phonemic status is marginal.

Why are some phonological relationships more difficult to characterize than others? As Hall (2013) and others mention, this can result from different criteria being used by different researchers, because a given criterion often does not provide straightforward evidence for or against contrast vs. allophony, and/or because different criteria can be in conflict with one another. A classic case is the English contrast between /h/ and /ŋ/: they are in complementary distribution (suggesting they are in an allophonic relationship), but are so phonetically dissimilar so as to make their inclusion in the same phonemic category very unlikely. But there are other reasons why a phonological relationship can be difficult to determine. A common reason is the presence of foreign or specialized strata in the phonology, such as the aforementioned case of Totonac mid vowels that we mentioned earlier. High variability in how a category is realized, as reported earlier for Italian mid vowels (Renwick and Ladd, 2016), and a sound’s low frequency, are other such reasons.

Prosodic structure also plays an important role in intermediate relationships. Sounds can have limited phonotactic distributions within the word, as is the case for /h/ and /ŋ/ in English. But higher phrasal structure can also matter. In Dagbani (as well as other West African languages), final glottal stops appear only pre-pausally, as long as certain phonological, morphological, syntactic, and pragmatic conditions are met (Hyman, 1988). In this paper, we also focus on glottalization—glottal stops and glottalized vowels—in Zongozotla Totonac (henceforth ZoT). To foreground our analysis, we will argue that glottalization displays three kinds of marginality. First, glottal stops are marginal in terms of their prosodic distribution: they are almost always word-final, but word-final glottal stops only surface when the word is also phrase-final. Second, the contrast between glot-

37 talized and modal vowels is marginal because there are few minimal pairs, and because
38 the glottalized vowels are phonetically only weakly glottalized. Finally, glottal stops and
39 glottalized vowels, which we argue form distinct categories, are nonetheless in comple-
40 mentary distribution. And by comparing to neighboring varieties of Totonac, we will also
41 provide a diachronic explanation for the synchronic state of ZoT, which highlights the role
42 that phrasal phonology can play in intermediate phonological relationships.

43 **1.1 Zongozotla Totonac**

44 The Totonac languages belong to the Totonac-Tepehua (“Totonacan”) group of languages
45 that are spoken by about 250,000 people in the Eastern Sierra Madre range of Mexico, cen-
46 tered in the state of Puebla (see map in Figure 1). The language family is fairly small, but
47 there exist proposals that link it to the Mixe-Zoquean languages (Brown et al., 2011) and
48 even to Chitimacha in Louisiana (Brown et al., 2014). The family is generally divided into
49 Totonac and Tepehua branches, but internal divisions are still poorly understood (Beck,
50 2023).

51 Effectively, Zongozotla, with a population of approximately 10–12,000 individuals, is
52 the only community in the municipality that bears its name. The vast majority of its pop-
53 ulation speak Totonac with a significant number bilingual in Spanish to differing degrees
54 of fluency. The younger generation is beginning to lose their linguistic skills in Totonac
55 although this is still the language that dominates communication inside and outside the
56 family. Some inhabitants only speak Spanish while a small minority is bilingual in To-
57 tonac and Nahuatl. In a wider context Zongozotla is one of many communities, with a
58 total population of about 120,000, that speak what has been classified as Highland To-
59 tonac (Glottocode: high1243; ISO 639-3: tos).

60 To our knowledge, previous to our work, the only existing literature on ZoT is a short
61 wordlist by McQuown (1976). But the variety is geographically close and linguistically
62 similar to that variety spoken in Zapotitlán de Méndez, described in considerable detail by
63 Herman Aschmann (Aschmann, 1946; Aschmann and Wonderly, 1952; Aschmann, 1983).
64 Still, there are considerable differences between our analysis of glottalization and that of
65 neighboring varieties of Highland Totonac, as we describe in more detail in Section 5.

66 **1.2 The corpus**

67 In what follows, we describe our analysis of the sounds of ZoT, based on our fieldwork. The
68 corpus is part of a broader NSF-funded project (led by third author Jonathan D. Amith)
69 whose goals are to document the sounds and ethnobotanical terms across Totonac and
70 other indigenous languages of Mexico. We formulated a wordlist that was designed to

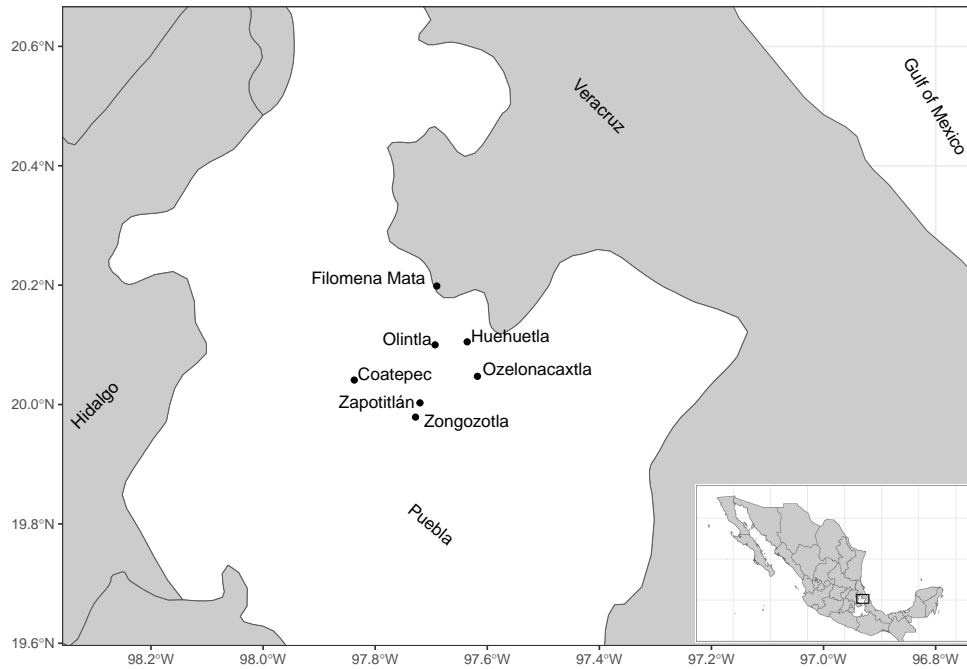


Figure 1: Map showing Zongozotla and neighboring varieties of Highland Totonac mentioned throughout the paper.

71 illustrate the sounds of the language, and in particular to highlight contrasts between
 72 modal vs. glottalized vowels. The first author, Marc Garellek, drafted a Totonac wordlist
 73 with Spanish glosses based on lexical items from Zapotitlán Totonac (Aschmann, 1946),
 74 given the two municipalities' geographic proximity and phonological similarities between
 75 the two varieties. The second author, Osbel López-Francisco, who is a Totonac speaker
 76 from Zongozotla, checked and revised the wordlist, the final version of which comprised
 77 229 lexical items. The latter two authors recorded the data from eight speakers (four
 78 women and four men, including from the second author) in Zongozotla in May 2022.
 79 Demographic information for the speakers can be found in Table 1. Recordings took place
 80 over 4 days for about 4 hours each day. Two speakers per day would alternate pronouncing
 81 about half the list (about 1 hour of recording for each half list). Speakers were compensated
 82 for their participation.

83 Audio recordings were made starting at about 10 pm each day (to avoid outside sounds)
 84 in a quiet room with acoustic foam to mitigate echo. The recorder was a Sound Devices
 85 722 set at 48kHz and 16 bits, with each speaker recorded with a Countryman e6 ear-worn
 86 omnidirectional microphone. Speakers were instructed to read the words from the 229-
 87 word list in randomized order. The words appeared in Totonac and Spanish. When the

Code	Gender	Age
APG 426	Female	49
CLC 503	Female	31
ESP 427	Female	43
IPN 389	Male	51
OLF 385 (second author)	Male	31
PLC 504	Female	31
RLC 505	Male	59
SLC 388	Male	54

Table 1: Demographic information about the speakers in the corpus

88 speaker had difficulty, second author López-Francisco would intervene and try to prompt
 89 the speaker to utter the targeted word. It was rarely necessary from him to pronounce the
 90 solicited word himself.

91 Each word was said in isolation three times, and then included in the carrier sentence
 92 *X iyma-n ta'chiwí:n* ‘X is a word (in Totonac).’ Thus the ZoT corpus on which subsequent
 93 analyses are based includes 229 lexical items, each recorded four times (three times in
 94 isolation, once in the carrier), for a total of about 916 tokens per speaker and over 7300
 95 tokens in total (some tokens were excluded due to background noise or mispronunciations).

96 1.3 Basics of the sound inventory of Zongozotla Totonac

97 Our analysis of the overall sound inventory of ZoT reveals a system that is quite similar
 98 to those described for other Totonac languages (Beck, 2023), particularly those belonging
 99 to the Highland group (Aschmann, 1946; Troiani, 2007; Román Lobato, 2008): conso-
 100 nants contrast six places of articulation, voicing is not contrastive in obstruents (but stops
 101 are usually phonetically voiced word-internally after nasals), and affricates and fricatives
 102 contrast in terms of central vs. lateral airflow (see also Table 2). As in many Totonac-
 103 Tepehua languages (Román Lobato, 2008; McFarland, 2009; Herrera Zendejas, 2021), /q/
 104 can variably be realized as a stop, affricate [q^χ], fricative [χ], or as a pre-fricated affrica-
 105 tive [χq^χ]; to our current knowledge, this variation is not predictable. Glottal stops occur
 106 phonetically on word-initial vowels (a point which we return to when describing vowels),
 107 but otherwise are found almost exclusively word-finally. This is a crucial point for our
 108 analysis in Section 4. In contrast to the cross-linguistic tendency for glottal ‘stops’ to be
 109 mostly (creaky-)voiced, even utterance-finally (Garellek et al., 2023), in ZoT they are al-
 110 most categorically realized as “prototypical” glottal stops, i.e. with a period of sustained
 111 voiceless closure followed by a release.

112 Glottal /h/ is realized as [x~ç] in onsets ([ç] before front vowels), but we nonetheless

	Labial	Dental/ Alveolar	Postalveolar/ Palatal	Velar	Uvular	Glottal
Stop	p	t		k	q	ʔ
Affricate		ts	tʃ			
Lateral affricate		tɬ				
Fricative		s	ʃ			h
Lateral fricative		ɬ				
Nasal	m	n				
Approximant	w	l	j			

Table 2: Phonemic consonant inventory of ZoT for Totonac lexicon. Rhotic /r/ occurs only in Spanish loanwords, but is also contrastive.

113 consider it to be underlying glottal due to its phonological behavior, which we will describe
 114 in Section 2. All sonorants tend to be breathy-voiced and/or devoiced phrase-finally but
 115 this tendency is gradient. For example, /aw, aj, an/ can each surface as [aw~aw̥, aj~aɕ,
 116 aŋ~aŋ̥] at ends of utterances and utterance-medial phrases. This tendency for phrase-final
 117 devoicing is an important fact to which we will return throughout this paper.

118 There are three contrastive vowel qualities, each of which contrasts further in terms of
 119 length and phonation type (see also Table 3). Vowels /i, u/, irrespective of their length or
 120 phonation type, lower to [e, o] categorically adjacent to /q/, even when a nasal intervenes,
 121 and are orthographically marked with *e*, *o*, as in (1); before /h, ʔ/, high-vowel lowering
 122 is common but more variable in occurrence (and rarely marked orthographically), and is
 123 often gradiently realized (e.g. /ih/ can surface as [ih], [eh], or [i^h]). In Spanish loans
 124 like /pero/ ‘but,’ mid vowels occur non-adjacent to any uvular/glottal and thus could be
 125 considered phonemic as well (but they do not contrast in terms of length or phonation).
 126 Vowel /a/ also tends to be produced further back as [ɑ] adjacent to uvulars, as found across
 127 the Totonac-Tepehua family (e.g., in Mecapalapa Tepehua; Herrera Zendejas 2021). In all
 128 contexts, short /a/ is often realized as [ə].

129 (1) *Categorical high-vowel lowering adjacent to /q/ vs. gradient lowering before /h, ʔ/:*

130	/tʃa ^h qi:j/	[tʃa ^h qe:j]	<i>chaqé:y</i>	‘lo lava ¹ , s/he washes it’
	/pu:qu/	[^h pɔ:qo]	<i>po:ʔo²</i>	‘sucio, dirty’
	/lunqnan/	[lonq ^h nan]	<i>lonqnán</i>	‘hace frío, it’s cold’
	/kukuh/	[^h kukuh, ^h kukoh]	<i>kukuh</i>	‘arena, sand’
	/paʃniʔ/	[^h paʃniʔ, ^h paʃneʔ]	<i>paʔxniʔ</i>	‘cochino, pig’

131 We refer to phonation contrast as one between modal vs. *glottalized* vowels, departing
 132 from the research tradition on Totonac which refers to the latter as ‘laryngealized’ (in Span-
 133 ish, *laringealizado/laringizado/rechinado*). This is for two reasons, one language-internal

134 and the other language-general. First, we wish to highlight the intermediate phonological
135 relationship that exists between glottal stops and glottalized vowels. Second, when dis-
136 cussing the phonological category of non-modal vowels, we wish to abstract away from
137 details of the glottalized vowels' phonetic realization, focusing instead on the fact that they
138 are produced with glottalization, i.e. with some degree of glottal constriction (Garellek
139 et al., 2023). (In that sense, the term 'laryngealization' is even more general, in that any
140 sound produced with some amount of (epi-)laryngeal constriction could be considered 'la-
141 ryngealized.')

142 And as we will show in Section 3, phonetically the glottalized vowels are
143 best described as being produced with 'tense voice' (Dawson et al., 2022), which has also
144 been reported (in Spanish as *voz tensa*) in Olintla Totonac, another Highland variety (Tino
145 Antonio, 2020). However, a detailed acoustic analysis of the tense voice in Totonac is still
lacking.

146 Of particular relevance for this paper is the limited distribution of certain vowels. In
147 ZoT long vowels do not appear word-finally. This is in contrast to neighboring varieties
148 from Zapotitlán and Ozelonacaxtla, where word-final long vowels are attested. Cognates
149 with word-final long vowels in neighboring varieties appear in ZoT with a final consonant,
150 especially /j, h/. For example, /tʃaɣiːj/ *chaqéːy* 'lo lava, s/he washes it' from the example
151 in (1) is /tʃiɣiː/ in Ozelonacaxtla Totonac (Román Lobato, 2008, p. 34).

152 Our analysis of ZoT reveals that modal and glottalized vowels are subject to other
153 phonological processes and have restricted distributions that differ from the patterns re-
154 ported for related varieties. As in other varieties of Totonac, there is no phonation contrast
155 on immediately word-initial vowels (that is, on word-initial vowels not preceded by an on-
156 set); for closely-related Zapotitlán Totonac, Aschmann (1946, 1983) analyzes immediately
157 word-initial vowels as underlyingly glottalized ('laryngealized'). This is largely due to pho-
158 netic reasons, namely that word-initial vowels are irregular in voicing and often preceded
159 by a glottal stop. We will return to this point in Section 2.2. And unlike in neighboring
160 varieties, in ZoT glottalized vowels also do not occur underlyingly in word-final position,
161 and modal vowels devoice phrase-finally (e.g. see final /a/ in Figure 3). These facts will
162 be crucial for our analysis of the relationship between glottal stops and glottalized vowels
163 in Section 4, for our diachronic explanation in Section 5, and for our proposal in Section 6
164 that Totonac languages show a constraint against phrase-final voicing.

165 As with other varieties of Totonac, ZoT has contrastive placement of lexical stress
166 (which is also dependent to some degree on the morphology; McFarland, 2009), but length
167 and phonation contrasts are found on both unstressed and stressed syllables. In our broad
168 phonemic transcriptions then, we will avoid marking stress unless its placement is non-
169 default (e.g. always appear on a given morpheme of a polymorphemic word), but narrow
170 allophonic transcriptions will always be marked for lexical stress.³

	Front	Central	Back
Short (long) modal	i(:)	a(:)	u(:)
Short (long) glottalized	ᵢ(:)	ᵃ(:)	ᵘ(:)

Table 3: Phonemic vowel inventory of ZoT for Totonac lexicon. Mid-vowels [e, o] (short and long, modal and glottalized) are allophonic in words of Totonac origin but occur contrastively (only for short, modal vowels) in Spanish loanwords.

2 The distribution of glottal stops

In this section, we argue that glottal stops should be considered marginally contrastive sounds in Zongozotla Totonac, based on their limited word-internal and phrasal distributions.

2.1 Word-final glottal stops

Evidence for the phonemic status of glottal stop comes from word-final position, where /ʔ/, /h/, and ∅ contrast, as in (2).

(2) *Word-final glottal contrasts:*

/jɑ:staʔ/	[ˈjɑ:staʔ]	ya:’sta’	‘cuñado de mujer, woman’s brother-in-law’
/ta:tah/	[ˈta:tah]	ta:tah	‘abuelo, grandfather’
/ʃkʉta/	[ˈʃkʉtɑ]	xku’ta	‘agrio, bitter’

Although words ending in an underlying glottal consonant appear to be common in the lexicon, the glottal consonants only surface as shown in (2) when they occur phrase-finally. Elsewhere, word-final /ʔ, h/ delete and word-final vowels retain their voicing, as shown in Figure 2. This is presumably due to a constraint, common across Totonac varieties, against C#V sequences across phrase-medial word boundaries (McFarland, 2009). When a word ends in a consonant, the constraint is satisfied via deletion (of the glottal consonant) or /-i/ epenthesis (if the first word ends in a non-glottal consonant, as in /paska:t/ *paská:t* ‘mujer, woman’). Examples of these alternations are seen in (3).

(3) *Constraint against C#V sequences across phrase-medial word boundaries:*

	Phrase-final	Phrase-medial
/-ʔ/	/jɑ:staʔ/	[ˈjɑ:sta]
/-h/	/ta:tah/	[ˈta:ta]
/-V/	/ʃkʉta/	[ˈʃkʉtɑ]
/-C/	/paska:t/	[pa’ska:t-i]

Thus glottal stops, though underlyingly contrastive word-finally, rarely surface in a phrase. This is common across Totonac varieties, and has led some researchers to posit

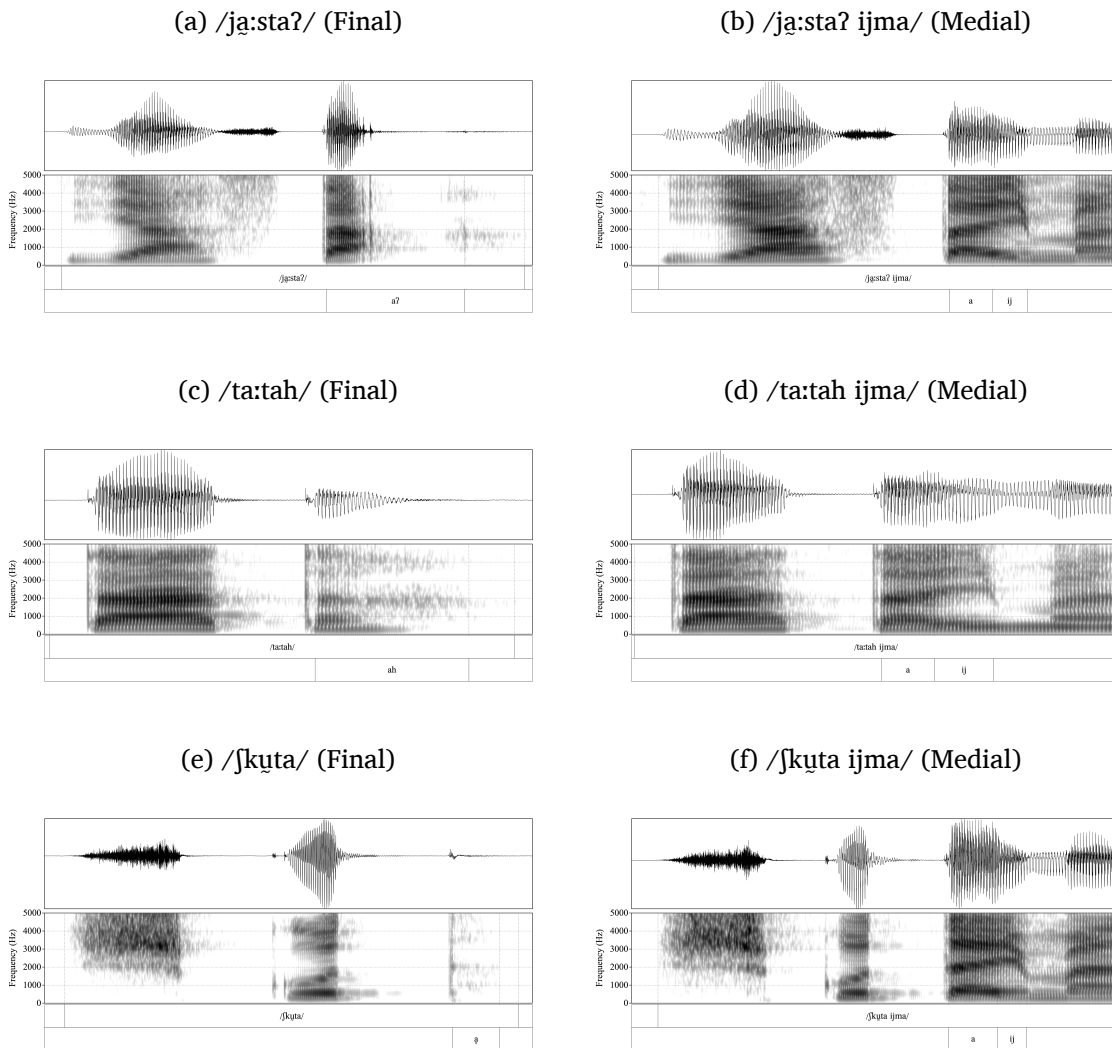


Figure 2: Comparisons between /ʔ, h, a/ in phrase-final (left) vs. phrase-medial (right) positions. Note the absence of glottal consonants phrase-medially.

192 that phrase-final glottal stops are either inserted phrasal markers (Ozelonacaxtla Totonac;
 193 Román Lobato, 2008), similar to what Hyman (1988) reports for Dagbani, or that lexical
 194 glottal stops are changing to become postlexical, i.e. phrasal, markers (Filomena Mata
 195 Totonac; McFarland, 2009). We will return to this point in Section 6.

196 In contrast to /h/, glottal stops cannot appear in coda position in the middle of the
 197 word. Indeed, morphological derivation that should in theory lead to a word-medial coda
 198 /ʔ/ instead results in deletion of the glottal stop. For instance, ZoT has a first-person plural
 199 possessive nominal circumfix *ki(n)-X-kán* ‘our X.’ When the nominal root ends in an /h/,
 200 the fricative is retained even though it occurs word-medially; in contrast, a root ending in
 201 /ʔ/ loses its glottal in derived forms, as in (4).

202 (4) *Loss of coda /ʔ/ but retention of /h/ with suffixation:*

203 /kin-tʃitʃiʔ-ʔkan/ [kintʃitʃiʔkan] *kinchichikán* ‘nuestro perro, our dog’
 204 /kin-ta:tah-ʔkan/ [kinta:tahʔkan] *kinta:tahkán* ‘nuestro abuelo, our grandfather’

205 In sum, underlying word-final glottal consonants do not surface except when the word
 206 is phrase-final. Glottal fricatives /h/ have a less restricted distribution, as they can appear
 207 in word-medial codas (as well as in onset position).

208 2.2 Glottal stops in other positions

209 As we mentioned earlier, in Zongozotla Totonac vowel-initial words are often preglottal-
 210 ized; that is, they begin with a glottal stop. Figure 3 shows a token of [ʔuʔkʃiʔa] *ukxilha* ‘lo
 211 ve, s/he sees it/him,’ where the word-initial vowel is preceded by a glottal stop.

212 Immediately word-initial vowels (those not preceded by an onset consonant) also do
 213 not contrast in terms of phonation. These facts have led some researchers (e.g. Aschmann
 214 (1946) for Zapotitlán Totonac) to treat word-initial vowels in Totonac as underlyingly
 215 glottalized rather than modal. In that case, the glottal stop would be part of the phonetic
 216 implementation of a glottalized vowel in word-initial position. Thus if true for ZoT, the
 217 word illustrated in Figure 3 could be transcribed phonemically as /ʔkʃiʔa/ instead of as
 218 /ukʃiʔa/. But contemporary understanding of the sources of irregular voicing (Garellek,
 219 2022) suggest that irregular voicing on the initial vowel shouldn’t be used to motivate its
 220 underlying status as glottalized. Glottal stops usually lead to creaky voice on an adjacent
 221 vowel (Garellek, 2014; Garellek et al., 2023), so word-initial vowels in ZoT (as well as in
 222 Zapotitlán) can ‘look glottalized’ by virtue of an inserted glottal stop that is motivated by
 223 postlexical phrasal position rather than by lexically-specified phonation.

224 We also note that a third alternative exists, namely that all syllables must have an
 225 onset, such that so-called “word-initial” vowels are in fact preceded by a phonemic glot-

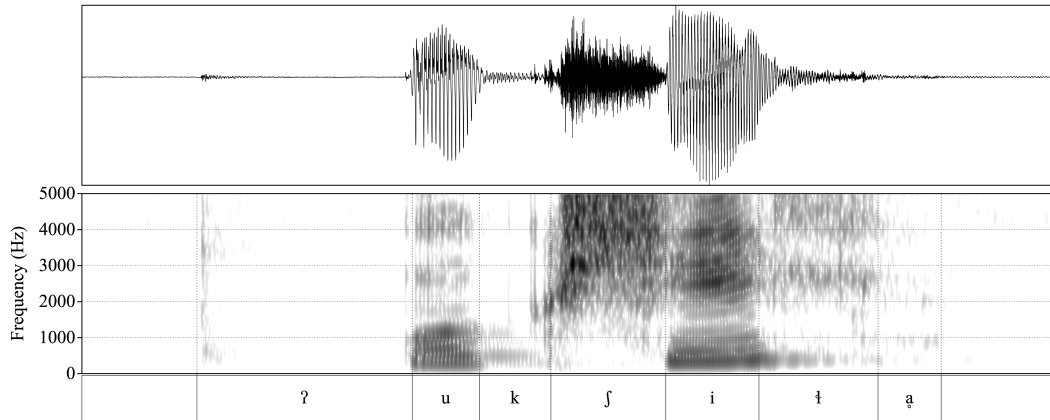


Figure 3: Vowel-initial [ʔu'kʃiɬa] *ukxilha* ‘lo ve, s/he sees it/him,’ with a preceding glottal stop.

226 tal stop (e.g. /ʔukʃiɬa/). But we believe such word-initial glottal stops are best analyzed
 227 as postlexical glottalization of initial vowels, rather than as phonemic /ʔ/, because they
 228 occur phrase-initially, where domain-initial strengthening in many languages leads to glot-
 229 talization (Cho, 2016; Garellek, 2022). If the glottal stop were underlying, then we would
 230 need some explanation for why almost invariably it does not surface. For example, when
 231 a vowel-final word like /ʃkɨta/ occurs in our carrier sentence before vowel-initial [ijma]
 232 (which could also be analyzed as, hiatus is never repaired: [ʃkɨta ʔijma-n tətʃiʔwi:n]; see
 233 also the lack of glottalization in hiatus for the phrase-medial tokens in Figure 2. If word-
 234 initial glottal stops were underlying then, we would need to explain why intervocalic glot-
 235 tal stops are so rare, especially given that word-*final* /ʔ/ is always realized strongly as a
 236 phonetic glottal stop. But if instead we assume that the glottal stop is a result of prosodic
 237 strengthening of a word-initial vowel, that would make ZoT similar to the many languages
 238 with variable word-initial glottalization.

239 The lack of a phonation contrast in immediate word-initial position leaves unresolved
 240 the question of whether word-initial vowels should be analyzed as underlyingly modal
 241 vs. glottalized. For instance, even if the glottal stop in [ʔu'kʃiɬa] is due to prosodic strength-
 242 ening, is the underlying representation of the word /ʔkʃiɬa/ (with a glottalized vowel) or
 243 /ukʃiɬa/ (with a modal one)? For Zapotitlán Totonac, Aschmann (1946, 1983) considers
 244 these to be glottalized, but it is unclear if that’s based solely on phonetic evidence, which
 245 would be confounded with prosodic strengthening effects.

246 In word-medial position, glottal stops are extremely rare and variable across speakers.

247 To our knowledge, these can occur only in hiatus between two glottalized vowels, as in
 248 (5). The comitative prefix is /t̥aː-/, which we know contains a glottalized vowel because
 249 the glottalization predictably surfaces with this prefix, as in [t̥aːt̥laˈwaj] *taːˈt̥lawáy* ‘*lo hace*
 250 *con él, s/he does it with him.*’ The verb root for ‘go’ is /ʔan/, with a glottalized vowel that is
 251 predictably glottalized, as in [kʰan] *kaˈn* ‘*voy, I go.*’ When /ʔan/ is preceded by the comitative
 252 prefix, the verb can surface as [t̥aːˈʔan] *taːˈan* ‘*se va con él, s/he leaves with him,*’ with a
 253 glottal stop between the two glottalized vowels, or as [t̥aːˈʔan], without the glottal stop.
 254 In our data set, instances of phonetic glottal stop [ʔ] in this word are speakers-specific:
 255 half of the eight speakers consistently say [t̥aːˈʔan], whereas the other half consistently
 256 say [t̥aːˈʔan], and these groups do not appear to be structured according to age or gender.
 257 Therefore, we analyze word-medial glottal stops as a speaker-dependent form of prosodic
 258 strengthening of glottalized vowels under hiatus.

259 (5) *Variable word-medial glottal stops at hiatus between glottalized vowels*

	<i>With comitative /t̥aː-/</i>	<i>With 1SG. /-(h)k-/</i>
/t̥lawaj/ ‘ <i>hacer, do</i> ’	[t̥aːt̥laˈwaj] <i>taːˈt̥lawáy</i>	[kt̥laˈwaj] <i>kt̥lawáy</i>
	‘ <i>lo hace con él, s/he does it with him</i> ’	‘ <i>hago, I do</i> ’
/ʔan/ ‘ <i>ir, go</i> ’	[t̥aːˈʔan, t̥aːˈʔan] <i>taːˈan</i>	[ˈhkan] <i>jkaˈn</i>
	‘ <i>se va con él, s/he leaves with him</i> ’	‘ <i>voy, I go</i> ’

261 2.3 Summary of the distribution of glottal stops

262 In this section we showed that, while glottal stops can be considered contrastive in Zon-
 263 gozotla Totonac, their distribution is limited. They contrast only in coda position; onset
 264 glottal stops, which are found before word-initial vowels and between glottalized vow-
 265 els at a morphological juncture, are analyzed as derived from prosodic strengthening of
 266 a word-initial vowel or from hiatus involving two glottalized vowels. In terms of their
 267 lexical phonotactics then, glottal stops appear to have a limited distribution similar to that
 268 found in other unrelated languages, including Chinese varieties with coda /ʔ/ (Chai, 2022)
 269 as well as Western Muskogean (Ulrich, 1993).

270 But the distribution of glottal stops is especially limited, because they cannot appear
 271 in word-medial coda position; they are only found word-finally, and morphophonologi-
 272 cal alternations that involve suffixation to a root ending in a glottal stop results in the
 273 loss of this sound. Therefore, there must be an active constraint in the language against
 274 word-*nonfinal* glottal stops. And ZoT further restricts surface glottal stops to phrase-final
 275 position.

3 The intermediate phonological relationship between modal and glottalized vowels

For a language with a vocalic phonation contrast, Zongozotla Totonac stands out for two reasons. First, the contrast has a very low functional load and second, the contrast is phonetically very weak, with phonologically glottalized vowels almost never showing strong glottalization.

Although many words have glottalized vowels, we were able to find only a few minimal or even near-minimal pairs between modal and glottalized vowels in ZoT. Our phonetic analysis will involve only nine (near-)minimal pairs, because those are the only pairs we have managed to find so far. In all then, the phonological relationship between modal vs. glottalized vowels can be considered what Hall (2013) calls ‘intermediate.’ And as we’ll show in the next section, the contrast is also weakly realized phonetically.

In this section, we provide an acoustic analysis of the contrast between modal and glottalized vowels. Our impressions listening to the recordings suggest that the contrast is more strongly realized on long vowels than on short vowels, but in general the contrast is quite subtle. This is illustrated in Figure 4, which shows two representative (near-)minimal pairs differing in terms of vowel phonation. For both pairs the glottalized vowel looks remarkably similar to the modal one, with regular voicing throughout. But the glottalized vowels in both words have more energy in the higher frequencies than their modal counterparts, and the long glottalized vowel shows a more pronounced drop in amplitude towards its end than does its modal counterpart.

Based on our informal audiovisual investigation, we expected that glottalized vowels will be differentiated from modal ones primarily in terms of their spectral tilt and voicing intensity, though we also expected there to be an interaction with vowel quality. To control as much as possible for other sources of acoustic variation, we restrict this analysis to minimal or near-minimal pairs, controlling for placement of lexical stress and the manner of articulation of surrounding consonants, as both factors may influence voice quality (Garellek, 2022). Our list of nine word pairs is shown in Table 4.

Words were read three times in isolation (= the phrase-final condition), followed by once in the carrier (= the phrase-medial condition). Across all speakers, a total of 557 tokens were analyzed. The target vowels were segmented based on the onset and offset of F1 and F2 excited by voicing. The acoustic measures were calculated using VoiceSauce (Shue et al., 2011), which outputs a value of each measure every millisecond. We targeted the acoustic measures shown in Table 5: four spectral tilt measures of different spectral bands; two noise measures, CPP (a measure of broadband noise), HNR < 500 Hz (a measure of low-frequency noise); overall root-mean-squared (RMS) energy, Strength of Excitation

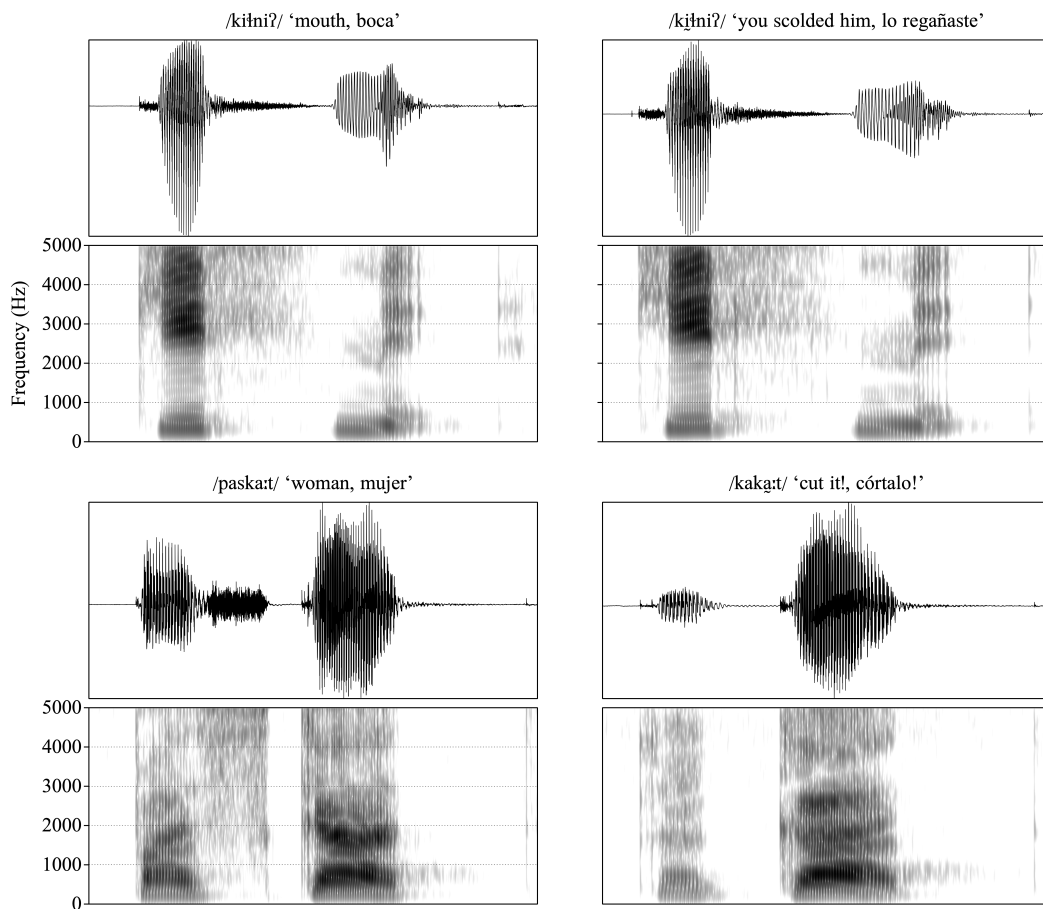


Figure 4: Minimal and near-minimal pair in terms of phonation. Words with glottalized vowels appear on right. The first pair (top row) was uttered by female speaker APG 426; the second pair (bottom row) by male speaker IPN 389.

312 (amplitude of voicing), and Residual H1*. Except for Residual H1*, these are relatively
 313 well-known measures of voice quality (see Garellek, 2022 for an overview). Chai and
 314 Garellek (2022) proposed Residual H1* as a new measure that assesses the amplitude of
 315 H1 (corrected for formant frequencies and bandwidths) but controlled for RMS energy.
 316 VoiceSauce’s default settings were used to calculate these parameters; the F0 was calcu-
 317 lated using STRAIGHT (Kawahara et al., 1998) and the formants via Snack (Sjölander,
 318 2004).

319 F0 values greater than 3 standard deviations from each speaker’s mean were consid-
 320 ered outliers and removed. Within each vowel category, we calculated the Mahalanobis
 321 distance on the F1–F2 space between each individual token relative to the mean of the

Modal		Glottalized	
/ʃanat/	<i>xanat</i>	/ʃanat/	<i>xa'nat</i>
'flower'	' <i>flor</i> '	'sweat'	' <i>sudor</i> '
/pa'ska:t/	<i>paská:t</i>	/ka'ka:t/	<i>kaká:t!</i>
'woman'	' <i>mujer</i> '	'cut it!'	' <i>córtalo!</i> '
/ʃkut/	<i>xkut</i>	/ʃkuta/	<i>xku'ta</i>
'coati'	' <i>tejón</i> '	'bitter'	' <i>agrio</i> '
/paqɫ/	<i>paqlh</i>	/paqɫ/	<i>pa'qlh</i>
'it blossomed'	' <i>floreció</i> '	's/he broke it'	' <i>lo quebró</i> '
/tʃa:n/	<i>cha:n</i>	/tʃa:n/	<i>cha:'n</i>
'cooked'	' <i>cocido</i> '	'ant'	' <i>hormiga</i> '
/pu:qu/	<i>po:qo</i>	/pu:qu/	<i>po:'qo</i>
'thick'	' <i>espeso</i> '	'dirty'	' <i>sucio</i> '
/a:ma:tʃa? /	<i>a:ma:chá'</i>	/ama:tʃa? /	<i>ama:'chá'</i>
's/he's lying there'	' <i>allá está acostado</i> '	's/he's going there'	' <i>va por allá</i> '
/kiɲi?/	<i>kihni'</i>	/kiɲi?/	<i>ki'lhni'</i>
'mouth'	' <i>boca</i> '	'you scolded him'	' <i>lo regañaste</i> '
/paqʃa/	<i>paqxa</i>	/paqʃa/	<i>pa'qxa</i>
'hit (onomat.)'	' <i>ruido de un golpe</i> '	's/he shells it'	' <i>lo desvaina</i> '

Table 4: Wordlist used for the phonation analysis

Spectral tilt	Noise	Other
H1*–H2*	CPP	Root-mean-squared (RMS) energy
H2*–H4*	HNR < 500 Hz	Strength of Excitation
H4*–H2kHz*	Subharmonics-to-harmonics ratio	F0
H2kHz*–H5kHz		Residual H1*

Table 5: The acoustic measures of voice quality used in the analysis of phonation.

322 category; the larger the Mahalanobis distance is, the more deviant the token is from the
323 center of the category and the more likely there is a tracking error for that vowel. We
324 also considered tokens with a Mahalanobis distance larger than 6 as outliers. We then
325 removed all timepoints with f0 and formant outliers, and averaged each measure over the
326 entire vowel. Duration was first log-transformed due to its being log-normally distributed.

327 To determine which acoustic measures, when taken together, predict glottalized vs. modal
328 vowels, we fitted a Bayesian logistic regression model using *brms* (Bürkner, 2018) in R. We
329 predicted vowel phonation (dummy coded with 'modal' as baseline) by the scaled mean
330 acoustic measures and their interaction with vowel length and with random intercepts by
331 speaker and word pair. The model was specified with weakly informative priors as Nor-
332 mal(0,1.5) in log-odds space for both the intercept and the fixed effects, and was fitted to
333 draw 5000 samples in each of four Markov chains, with a burn-in period of 1000 iterations

334 per chain.

335 We find compelling evidence for an effect of the following parameters as predictors
336 of the phonation contrast: CPP ($\beta = 0.79$, 95% CrI = [0.36, 1.23]), HNR < 500 Hz ($\beta =$
337 -1.01 , 95% CrI = [-1.63, -0.42]), SoE ($\beta = -1.08$, 95% CrI = [-1.48, -0.71]), energy
338 ($\beta = 0.39$, 95% CrI = [0.02, 0.77]), duration ($\beta = 1.17$, 95% CrI = [0.72, 1.63]), and the
339 interaction between energy and vowel length ($\beta = -0.45$, 95% CrI = [-0.82, -0.08]).
340 Compared to modal vowels, glottalized vowels are less noisy in terms of their broadband
341 noise (Figure 5a), but are noisier in the lowest frequencies below 500 Hz (Figure 5b);
342 this suggests a moderate amount of voicing irregularity for glottalized vowels. Glottalized
343 vowels also have lower SoE, suggesting weaker voicing due to greater glottal constriction
344 (Figure 5c), and are slightly longer (Figure 5d). Glottalized vowels also have more energy
345 overall, but this effect is driven by long vowels (Figure 5e).

346 Therefore, glottalized vowels differ from their modal counterparts in ways that are
347 expected for creaky vs. modal contrasts. While the higher CPP for glottalized vowels is
348 unexpected, this effect could be driven in part by the greater energy associated with long
349 glottalized vowels. It is especially surprising (from a cross-linguistic standpoint) how so
350 few measures, including none of the four spectral tilt measures or Residual H1*, emerged
351 as credible predictors of the contrast. This implies that the glottalization is weaker than
352 expected given our understanding of how glottalized/creaky vowels in other languages
353 are realized (Gordon and Ladefoged, 2001; Esposito and Khan, 2020; Garellek, 2022).
354 Indeed, as the figures show, the average difference between phonation type is numerically
355 very small. Therefore, we can conclude that the phonation contrast in ZoT is not only
356 marginal (in terms of the rarity of minimal pairs), but also that it is only weakly realized
357 phonetically.

358 To explore further the phonation contrast and its phonetic realization, in Figure 6 we
359 plot time course data for the four acoustic measures (aside from duration) that emerged as
360 credible predictors. (The bottom-right facet showing RMS energy is further subdivided by
361 vowel length, given the interaction that emerged in the regression model.) For CPP, SoE,
362 and energy, the distinction between modal vs. glottalized vowels is realized throughout
363 the vowel. But the lower HNR < 500 Hz for glottalized vowels occurs mostly in the latter
364 half of the vowel. This suggests that f_0 becomes more irregular, if only slightly, over the
365 course of a glottalized vowel.

366 Next we explore the variation across word pairs. Figure 7 shows, for each acoustic
367 measure, the difference between the modal vs. glottalized vowel in each word pair. We
368 can see that some measures are more robust across word pairs: strength of excitation is
369 higher for modal vowels across all pairs except for *xkut-xku'ta* and *paqxa-pa'qxa*, which
370 show no difference along this measure; duration is lower for modal vowels across all pairs

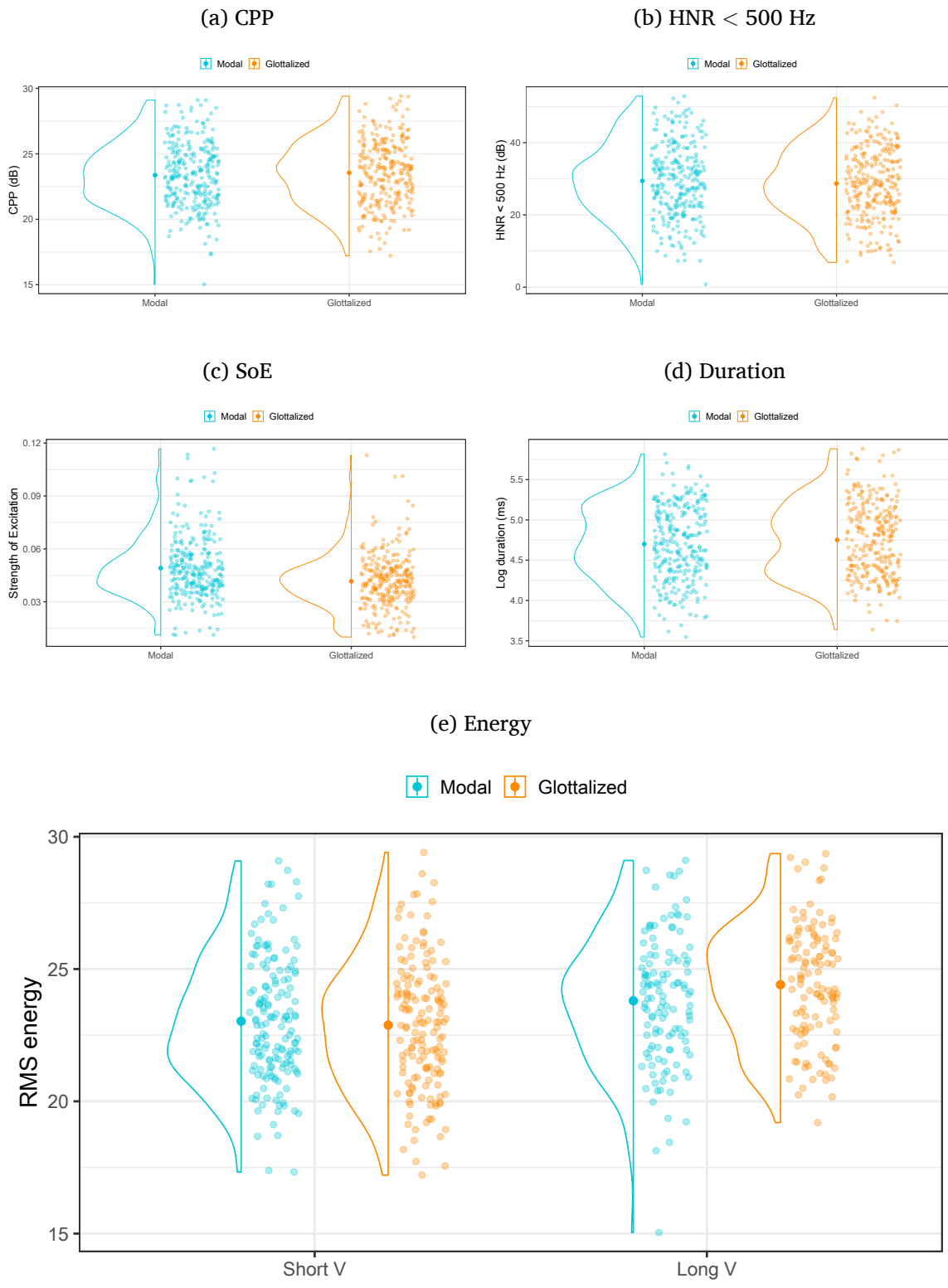


Figure 5: Credible acoustic predictors of the phonation contrast. Violin plots show the distribution and points show each observation. The larger point indicates the mean value.

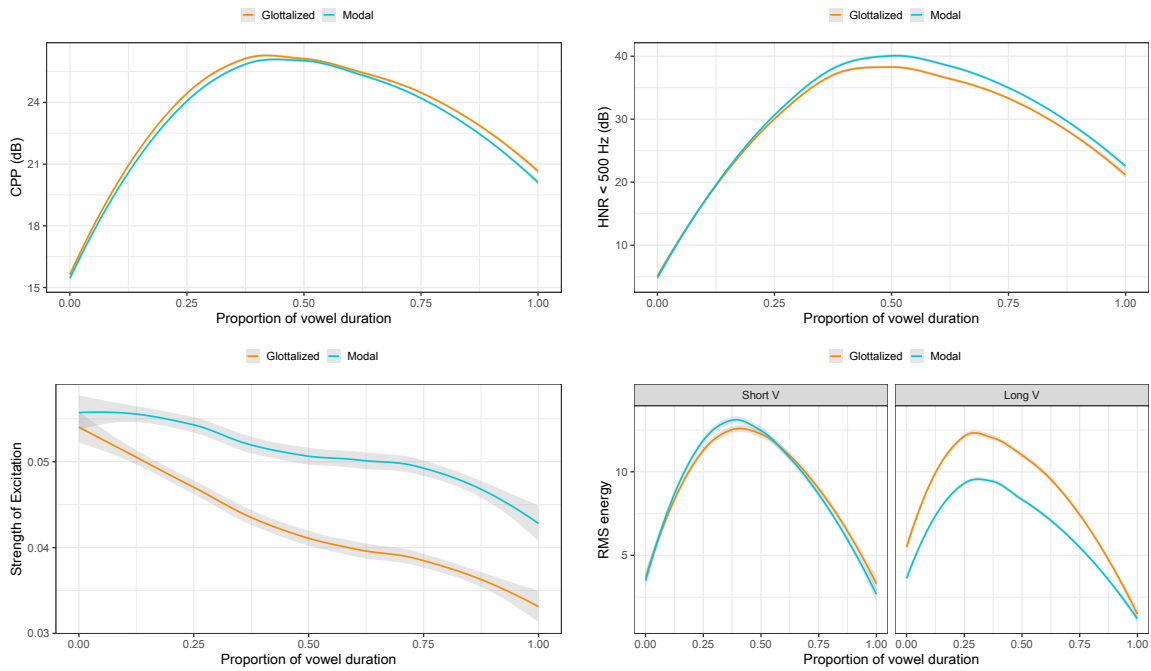


Figure 6: Time course plots for the four acoustic measures that emerged as predictors of the contrast. Shaded areas indicate Loess smoothing about the mean value.

371 of words except for *xkut-xku'ta* (no difference) and *paqlh-pa'qlh* (effect in the opposite
 372 direction). The other acoustic measures show either more pairs that overlap with 0, or
 373 more pairs whose differences are in the opposite direction from the main effect for that
 374 measure. Crucially, there is no single pair of words for which a main effect (in the expected
 375 direction) is not found for any acoustic measure.

376 Finally, we explore the cross-speaker variation. Figure 8 shows the difference between
 377 the modal vs. glottalized vowels, here averaged across all word pairs, for each acoustic
 378 measure. We see that some speakers more reliably produce a difference in phonation than
 379 others: SLC388 only has a slightly higher SoE for modal vs. glottalized vowels, which
 380 are also shorter in duration (contra the main effect of longer glottalized vowels). RLC 505
 381 produces the contrast mainly in terms of CPP and HNR < 500 Hz, and both noise measures
 382 are higher for modal vs. glottalized vowels. This is expected based on cross-linguistic
 383 generalization, but the HNR < 500 Hz pattern goes against the main effect found in the
 384 data set. And as with the pattern across word pairs, SoE shows the more robust pattern
 385 across speakers.

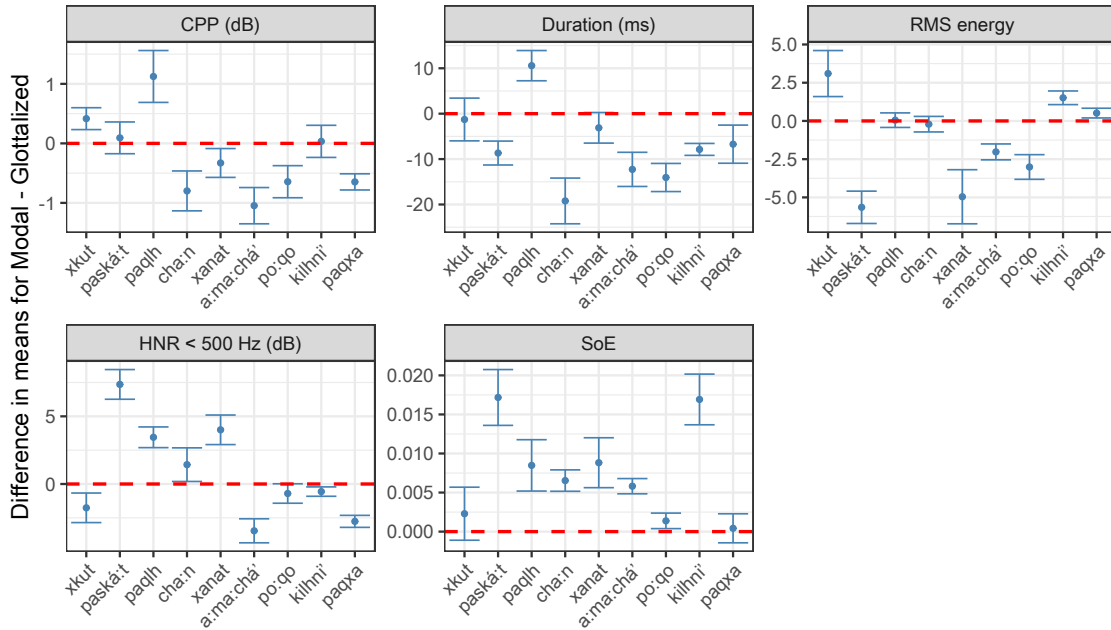


Figure 7: Differences between modal vs. glottalized vowels for the acoustic measures that emerged as predictors, separated according to word pair. The x-axis label shows only the modal word in its orthographic representation. The dot shows the mean difference, and error bars indicate standard error about the mean. No difference between modal vs. glottalized is inferred by error bars that overlap with 0.

4 The intermediate phonological relationship between glottalized vowels and glottal stops

The main question we will address in this section is, what is the relationship between glottalized vowels and glottal stops in Zongozotla Totonac? While we have been treating them as distinctive sounds in the language, in fact [V̥] and [Vʔ] sequences are in complementary distribution: glottalized vowels generally do not occur word-finally, whereas [Vʔ] sequences *only* occur word-finally (and recall that the [ʔ] only surfaces at the end of a phrase). Instances of derived word-final glottalized vowels provide the sole exception to this distribution: if a word ends in /V̥h/ and appears phrase-medially, the /h/ is not realized (recall (3)). Thus /skuhm̥ah/ *skujma'h* ‘*está trabajando, s/he is working*’ is realized as [skuhm̥a] in phrase-medial position— without the word-final /h/ but retaining a glottalized vowel that appears word-finally in the derived form. In the same environment, a word ending in a glottal stop would be realized with a word-final modal vowel. A summary of these distributions by phrasal position is shown in (6). Note that glottalized vowels are

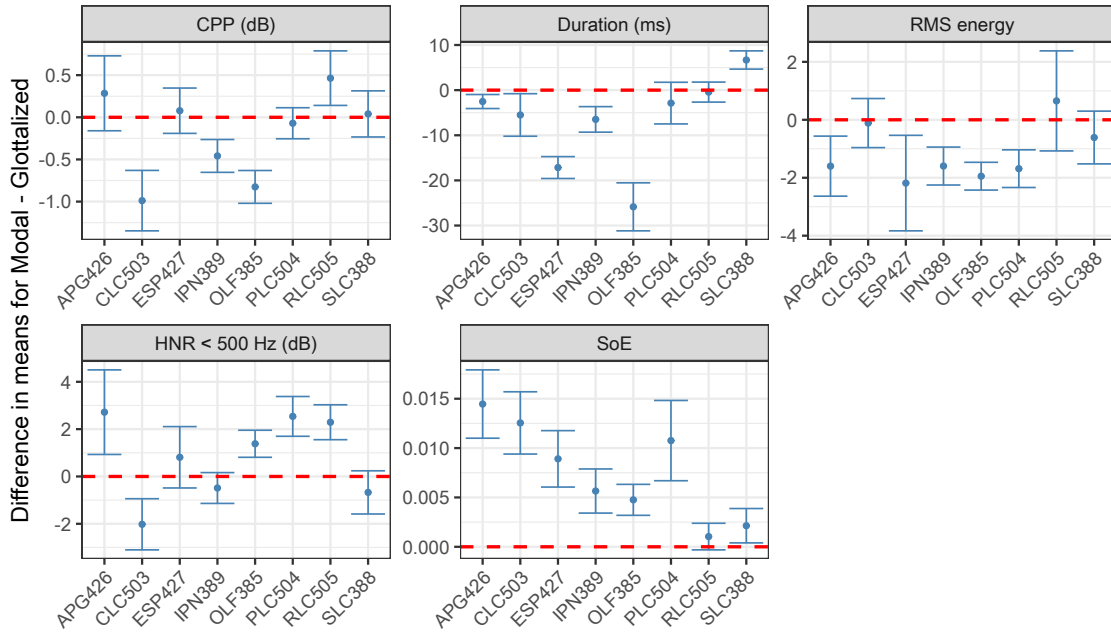


Figure 8: Differences between modal vs. glottalized vowels for the acoustic measures that emerged as predictors, according to each speaker. The dot is the mean difference, and error bars indicate standard error about the mean. No difference between modal vs. glottalized is inferred by error bars that overlap with 0.

400 never followed by a coda glottal stop, and in word-final position long vowels are not found
 401 in open syllables or in those closed by a glottal consonant.

402 (6) *Distributions of relevant word-final rhymes:*

	<i>Phrase-final</i>	<i>Phrase-medial</i>
403 /-V/	[-V̥]	[-V]
403 /-Vh, -V̥h, -Vʔ/	[-Vh, -V̥h, -Vʔ]	[-V, -V̥, -V]
403 /-V̥ʔ, -V:, -V̥:, -V:ʔ, -V:h/	(unattested)	(unattested)

404 The complementary distribution of [V̥] vs. [Vʔ] sequences does at the very least suggest
 405 that [Vʔ] sequences are allophonic realizations of underlying word-final /V̥/. Nonetheless,
 406 we argue that they should be treated as contrastive sounds. One reason is that speak-
 407 ers consider glottalized vowels and glottal stops to be “different” sounds, i.e. the sounds
 408 are perceptually distinctive in a way that would render them, at the very least, ‘quasi-
 409 phonemes’ (Kiparsky, 2014). Another reason is that, as we have argued in Section 3,
 410 the contrast between modal vs. glottalized vowels is marginal, with the latter being only
 411 weakly differentiated from the former. Yet the realization of glottal stops is phonetically

412 robust, so much so that they are almost always realized as canonical voiceless glottal stops.

413 But morphophonological alternations provide probably the strongest evidence that [ʏ] vs. [ʔ] represent distinctive sounds in synchronic ZoT. Recall in (4) that, in the first-person
414 possessive plural circumfix *ki(n)-X-kán* construction, if the nominal root ends in an /h/, the
415 fricative is retained; in contrast, root-final /ʔ/ disappears (7). If [Vʔ] were the word-final
416 allophone of underlying /V/, then we would expect it to surface as [ʏ] when it appears
417 in this construction. Instead, the stem-final /ʔ/ disappears and the preceding vowel re-
418 mains modal: /kin-tʃitʃiʔ-kan/ ‘our dog’ surfaces as [kintʃitʃiʔkan], not as *[kintʃitʃiʔkan,
419 kintʃitʃiʔkan]. This cannot be explained by a constraint against glottalized vowels in this
420 construction: with /li:waj/ *li:wa’y* ‘carne, meat,’ the glottalized vowel remains.
421

422 (7) *Loss of coda /ʔ/ but retention of glottalized vowels with suffixation:*

423	/kin-tʃitʃiʔ-kan/	[kintʃitʃiʔkan]	<i>kinchichikán</i>	‘nuestro perro, our dog’
423	/kin-ta:tah-kan/	[kinta:tahkan]	<i>kinta:tahkán</i>	‘nuestro abuelo, our grandfather’
424	/kin-li:waj-kan/	[kili:wajkan]	<i>kili:wa’ykán</i>	‘nuestra carne, our meat’

425 Therefore, the phonological relationship between glottalized vowels and glottal stops
426 can also be considered what Hall (2013) calls ‘intermediate.’ On the one hand, they are
427 in complementary distribution, suggesting an allophonic relationship. On the other hand,
428 speakers consider the two sounds to be distinctive, and the sounds’ divergent behavior in
429 alternations provides evidence that /ʔ/ should be considered synchronically contrastive.

430 5 Diachronic considerations

431 In this section, we highlight the diachronic changes that help clarify the current marginal
432 status of glottal stops and glottalized vowels, as well as their relationship to one another.
433 Glottalization plays an outsize role in both diachronic and synchronic analyses of the
434 phonology across the Totonac-Tepehua (Totonacan) family. In terms of historical analyses,
435 MacKay and Trechsel (2018) state (p. 55): “The key question that must be addressed in
436 any reconstruction of [Proto-Totonac-Tepehua] concerns the status of laryngealized vowels
437 and glottalized consonants in the protolanguage.” That is because scholars disagree on
438 whether the protolanguage should be hypothesized as having glottalized vowels (Arana
439 Osnaya, 1953; Levy, 1987; Brown et al., 2011; Davletshin, 2019) or glottalized conso-
440 nants (MacKay and Trechsel, 2018). We take no position on the matter: both theories
441 would reconstruct glottalized vowels (rather than glottalized consonants) in pre-Highland
442 Totonac, the branch to which Zongozotla belongs, and so it suffices to assume that glot-
443 talized vowels in ZoT are inherited (minimally from pre-Highland Totonac, and possibly
444 as far back as proto-Totonacan) rather than innovative.

445 But the analysis of glottalization in present-day Totonac and Tepehua languages is
 446 also contentious. As McFarland (2009) writes in her dissertation on Filomena Mata To-
 447 tonac (p. 13): “The writers of published grammars of all varieties [of Totonac-Tepehua
 448 languages] have struggled with the analysis of glottal features, which are variously ac-
 449 counted for as the phoneme /ʔ/, ejection on stops, laryngealization of vowels, and/or part
 450 of the vocalic nuclei, (either Vʔ, ʔV or ʔVʔ).”

451 Part of the reason for the analytic struggles is that, across Highland Totonac varieties
 452 in particular (as well as beyond within the family), the historical contrast between modal
 453 vs. glottalized vowels shows a continuum between full maintenance and complete loss,
 454 with many varieties having lost the contrast (in favor of modal vowels) in all, or nearly
 455 all, contexts. On the most conservative end of the continuum, Zapotitlán Totonac is char-
 456 acterized by Aschmann (1946) and McQuown (1976) as having the contrast in all word
 457 positions excepts word-initially, and on both long and short vowels. On the less con-
 458 servative and more innovative end of the continuum, Coatepec (McQuown, 1976) and
 459 Huehuetla Totonac (Troiani, 2007) have only modal vowels, with Vʔ as the reflex of *V̥#.

460 ZoT falls in the middle of the continuum. Unlike in Coatepec and Huehuetla Totonac,
 461 word-medial glottalized vowels are retained. But as in those varieties, word-final glot-
 462 tal stops correspond to word-final glottalized vowels in the more conservative Zapotitlán
 463 Totonac, as shown for the word ‘*ceniza* ash(es)’ in (8). No matter where one stands with re-
 464 spect to the reconstruction of Proto-Totonac-Tepehua (or Proto-Totonacan), pre-Highland-
 465 Totonac would have *ʔkəkə for this lexical item, implying that Zapotitlán is fully conser-
 466 vative with regard to the vocalic phonation contrast.

467 (8) *Glottalized vowels and glottal stops across Highland Totonac varieties:*

468	Zapotitlán	Zongozotla	Coatepec/Huehuetla	Gloss
	ʔkəkə	ʔkəkəʔ	ʔkəkəʔ	‘ <i>ceniza</i> , ash(es)’

469 Other varieties behave like ZoT, at least for short glottalized vowels. In Olintla Totonac
 470 the phonetic reflex of historical word-final *V̥ is [Vʔ] (proto long glottalized vowels have
 471 become modal). But whereas we analyze ZoT as having innovated a *contrastive* glottal stop
 472 in that position, Tino Antonio (2020, p. 14) still treats word-final glottal stops as allophones
 473 of /V̥/. Thus, on the surface Olintla resembles ZoT (also in terms of its implementation of
 474 glottalized vowels with tense voice; see Section 3), but the two varieties are analyzed as
 475 having different phonological interpretations of the word-final [ʔ].

476 Thus the sound change that led to the loss of glottalized vowels in ZoT, as well as
 477 other varieties like Coatepec, Huehuetla (Troiani, 2007), and Olintla (Tino Antonio, 2020),
 478 can be formulated as follows: *V̥# > Vʔ#. Thus, glottalized vowels and glottal stops in
 479 ZoT are in complementary distribution because, at some earlier stage of the language,
 480 word-final glottalized vowels ended in a glottal stop. Language users then reinterpreted

481 these final glottal stops as consonants following modal vowels, instead of as the phonetic
482 implementation of word-final glottalized vowels.

483 Why would some varieties show diachronic loss of the phonation contrast? We argue
484 that the relatively small number of contrasts (Davletshin, 2019) contributed to the partial
485 or full loss of the phonation contrast. As we discussed in Section 3, the functional load
486 of the phonation contrast is low, both in ZoT and across the family. When there is compe-
487 tition in the lexicon, such as when a word has at least one minimal pair competitor, we
488 can expect hyperarticulation of the phonetic attributes that help differentiate competitors
489 (Nelson and Wedel, 2017; Wedel et al., 2018). Conversely, a relative dearth of competition
490 is associated with phonetic hypoarticulation. Moreover, a higher functional load of a con-
491 trast can inhibit diachronic loss of that contrast (Wedel et al., 2013). Therefore, diachronic
492 phonation weakening and loss across Highland Totonac varieties can have its origins in
493 functional considerations of the contrast, namely the lack of competition between lexical
494 items differing in terms of phonation type. It may also help explain why glottalized vowels
495 are phonetically so weakly differentiated from modal ones. Are glottalized vowels realized
496 as only weakly non-modal because of the lack of competition in the lexicon, because the
497 contrast is undergoing diachronic loss, for both these interrelated reasons, or for indepen-
498 dent reasons? We don't know the answer, but we suspect both functional load and an
499 ongoing change towards phonation loss are at play.

500 6 Discussion and conclusion

501 Throughout this paper we have argued that contrasts involving glottalization—both glot-
502 tal stops and glottalized vowels—are marginal in Zongozotla Totonac. Glottal stops have
503 a limited phonotactic distribution within the word, and only surface when that word oc-
504 curs phrase-finally. Glottalized vowels are phonetically weak, produced with only slight
505 increased constriction that is variably realized phonetically both across pairs and speakers;
506 the contrast between glottalized and modal vowels also has a low functional load. And then
507 the contrast between glottalized vowels and glottal stops is only marginally contrastive,
508 with the two categories occurring in complementary distribution due to their historical
509 state of allophony.

510 In the previous section, we appealed to synchronic factors as well as to diachronic con-
511 siderations to account for most of the relevant facts. In this section, we go a step further by
512 hypothesizing as to why a sound change rule like $*\underset{\sim}{V}\# > V\underset{?}{\sim}\#$ would exist in the first place,
513 and why glottal stops are so strongly realized in ZoT, in contrast to the typological tendency
514 for glottal stops to be mostly voiced (Garellek et al., 2023). We propose that both facts are
515 accounted for by what we call the *constraint against phrase-final voicing*. Across Totonac

516 languages, researchers report that phrase-final vowels devoice, and that sonorants devoice
517 or are weakly voiced (Aschmann, 1946; Troiani, 2007; Román Lobato, 2008; McFarland,
518 2009; Puderbaugh, 2019; Tino Antonio, 2020; Garcia-Vega, 2022). Interestingly, in To-
519 tonac the constraint against phrase-final voicing contrasts with another constraint against
520 voiceless sounds appearing before a phrase-medial word boundary. The constraint against
521 word-final voiceless sounds (within a phrase) sometimes leads to epenthesis (Román Lo-
522 bato, 2008; McFarland, 2009), but presumably is also the reason for the loss of word-final
523 glottal consonants in phrase-medial position, as we showed in (3) and Figure 2.

524 The constraint against phrase-final voicing, however, leads to both the retention and
525 strengthening of the glottal consonants, which remain voiceless. Vowels also devoice in
526 this position, as do sonorant consonants (albeit more variably). Although we described
527 the constraint as active in Totonac, it is worth noting that it may in fact be an areal,
528 i.e. Mesoamerican (DiCanio and Bennett, 2020), constraint. Similar patterns are found
529 across Mayan languages (Bennett, 2016), in Chicontepec Nahuatl (Aguilar, 2020), and in
530 Mexico City Spanish (Avelino, 2018; Dabkowski, 2018). The constraint is also phonetically
531 motivated in utterance-final position, because ends of utterances are associated with low
532 subglottal pressure, more vocal fold spreading and higher transglottal flow (Slifka, 2006),
533 which together favor breathiness and devoicing, as well as irregular voicing, in the form
534 of unconstricted spread-glottis creak (Keating et al., 2015; Garellek, 2019).

535 The constraint against phrase-final voicing is clearly active in ZoT and other varieties
536 of Totonac. Assuming that it has long been present in the language, it may also account
537 for the posited sound change whereby $*V\# > V\#\text{}$. That rule was posited for word-final
538 position, but its source may in fact be specifically utterance-final: the pressure to devoice
539 utterance-finally led modal vowels to devoice, but also led to glottalized vowels' ending
540 in a glottal stop. And since glottal stops represent more strongly produced glottalization
541 than voiced glottalization (Garellek et al., 2023), this change can be considered a form of
542 prosodic strengthening of glottalization. Thus, glottal stops emerged from strengthening of
543 $/V/$ in utterance-final position due to the constraint against utterance-final voicing. Glot-
544 tal stops were subsequently reanalyzed by language users as lexically-contrastive sounds.
545 But since in ZoT and other varieties $[ʔ]$ is only found phrase-finally, some researchers
546 have understandably argued that the glottal stop is an inserted phrasal marker (e.g. in
547 Ozelonacaxtla; Román Lobato, 2008) or might be becoming one (e.g. in Filomena Mata;
548 McFarland, 2009). While that might be true in those varieties of Totonac, in ZoT we favor
549 the lexical analysis. If $[ʔ]$ were a phrasal marker, why would it only be found after vowels
550 that are historically derived from $*V\text{}$?

551 While it is generally the case that prosodic strengthening is more common in domain-
552 initial rather than domain-final positions, which typically is manifested by lengthening

553 (Fougeron and Keating, 1997; Keating et al., 2003; Cho, 2016). Phrase-final strengthening
 554 is attested across languages of the world (Tabain, 2003; Cho, 2005). In Mesoamerica
 555 specifically, it has been documented for Itunyoso Trique (DiCanio, 2010) and Yoloxóchitl
 556 Mixtec (DiCanio et al., 2015), though in the latter case it is unclear whether the prosodic
 557 strengthening is due to prominence or domain-finality, or both.

558 If glottal stops developed from historical glottalized vowels in utterance-final posi-
 559 tion, what happened to word-final glottalized vowels in utterance-medial positions? Our
 560 assumption is that the glottal stop realization must have spread from utterance-final to
 561 word-final position, such that all glottalized vowels would have been realized as [Vʔ]
 562 word-finally at some intermediate stage of the language. (This would indicate generaliza-
 563 tion from utterance-final position to other domain-final positions, as posited for obstruent
 564 devoicing (Westbury and Keating, 1986; Myers and Padgett, 2015).) If that is indeed what
 565 occurred, then we also have to account for the absence in phrase-medial position of glot-
 566 tal stops on the surface: recall that word-final /ʔ/ do not surface unless they are also
 567 utterance-final. But because word-final /h/ is also prohibited from surfacing in phrase-
 568 medial position (3), then we can assume that the absence of both /h/ and /ʔ/ reflects the
 569 constraint against voiceless sounds appearing before a phrase-medial word boundary. The
 570 upshot is that the constraint against phrase-final *voicing* likely led to the development of
 571 glottal stops from historically glottalized vowels, but the constraint against *voiceless* sounds
 572 before a phrase-medial word boundary is what lead to their frequent alternations with zero
 573 in the current state of the language, as shown in (9).

574 (9) *Diachronic and synchronic processes involving glottalization:*

<i>Proposed sound changes</i>	<i>Phrase-final</i>	<i>Phrase-medial</i>
Phrase-final devoicing	*V̥ > [Vʔ]	
Generalization to word-final position		*V̥ > /Vʔ/
<i>Synchronic rule</i>	<i>Phrase-final</i>	<i>Phrase-medial</i>
/h, ʔ/ → ∅ / __# [/Vʔ/ → [V]

576 Our account of ZoT glottalization makes certain predictions that can be tested across
 577 the Totonac family. Our first prediction is that the constraint against phrase-final voicing
 578 should lead to instances of glottal stops even in varieties that retain word-final glottalized
 579 vowels. That is, there may well be varieties of Totonac that retain word-final /V̥ V̥:/,
 580 but in which these sounds are realized as [Vʔ Vʔ:] in phrase-final position. Because we
 581 hypothesize that phrase-final glottal stops emerged due to the constraint against phrase-
 582 final voicing, we also predict that, if there exist varieties without that constraint, they will
 583 *not* show correspondences between historical *V̥ and any glottal stops that might occur.
 584 Finally, because the weaker phonetic realization of glottalized vowels in ZoT is tied to
 585 the gradual loss of the phonation contrast, and because ZoT doesn't show evidence for

586 word-final long vowels (of any phonation type), we suspect that Totonac languages with
587 strongly phonetic realizations of glottalized vowels should retain the phonation contrast
588 even in long vowels that occur word-finally. We leave these predictions for future work.

589 In conclusion, we have analyzed different aspects of glottalization in the phonology
590 of Zongozotla Totonac, and claim that glottal stops likely developed from word-final glot-
591 talized vowels in order to satisfy a broad-acting constraint against phrase-final voicing in
592 Totonac. But overall, glottalization in ZoT is marginal across the board: glottal stops only
593 appear at ends of phrases, and are in complementary distribution with glottalized vowels.
594 For their part, glottalized vowels are only weakly distinct phonetically from modal vowels,
595 perhaps because the contrast itself has a low functional load and thus could be considered
596 marginal. An important message to be gleaned from ZoT is that the intermediate phono-
597 logical relationships that lead to marginal contrasts (Hall, 2013) can arise from high up
598 the prosodic hierarchy. Only by comparing patterns of sounds at different prosodic levels
599 can we arrive at a complete picture of their behavior.

600 Notes

601 ¹Glosses will appear throughout in both Spanish (in italics) and in English to ensure that examples are
602 accessible to Totonac speakers and Spanish-speaking Totonac-language researchers.

603 ²In the working orthography for ZoT, certain allophonic processes are indicated. For example, vowel
604 lowering adjacent to uvulars is always marked, and word-final vowels that devoice phrase-finally are not
605 marked when the word appears in isolation, but are marked when the vowel is retained. Thus depending
606 on its position, /p̥u:qu/ can be written as either *p'o:qo* or *p'o:q*. But throughout the paper, we will include
607 the orthographic variant of a word that most closely aligns with its phonemic transcription, unless otherwise
608 indicated.

609 ³The working orthography for the language marks stress using acute accents: stress goes unmarked if it
610 occurs on the penult, otherwise it is marked.

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